

Useful Advice on Home Bleaching



Home Bleaching

Explain the process by which home bleaching is accomplished?

To bleach your teeth at home we take an impression of your mouth so we can make a custom-made bleaching tray that fits over your teeth.



At home the patient pours a small amount of solution into the tray and wears it for several hours each day.

How long can the patient expect to wear the bleaching tray before the teeth are sufficiently whitened?

The patient will need to wear it daily for two to six weeks. The longer it is worn, the lighter the teeth will become.



Approximately how long will the teeth keep their new colour?

Teeth generally keep their new colour for several years...then it's easy to touch them up with some more bleaching solution and keep them looking great.

